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ARTICHOKE
Latent Project Method:

1. The individual should be given a complete medical and psychiatric examination. The purpose of this examination is to determine his weak spots and his sensitive spots which can be used later during the examination proper.

2. In the laboratory build-up, the purpose of the procedure should be made. This must be genuine as far as possible because although the individual under examination may be fooled, those to whom he later tells the story would probably be more discerning.

3. The subject is given an injection of 2½% sodium pentothal until he is asleep. At this point he is given an intravenous injection of five to twenty milligrams desoxyn depending on the response. The hope for response is easy verbalization. The sodium pentothal needle should be kept in the vein for control in case the subject becomes too excited from the desoxyn. If excitement does not appear within a few minutes, both needles may be withdrawn and the result expected to continue for about 45 minutes. If it is desired to continue the examination further, both injections may be repeated.

4. The examination proper is best conducted not by direct questioning but by the induction of a fantasy concerning one of

sensitive areas found in the psychiatric examination. Prior to the beginning of the examination proper, several potential subjects for fantasy should be selected.

5. After the examination is completed, the patient should be put back to sleep with sodium pentothal.

Psychiatric Consultant